

## May 24 How To Overcome Hurts, Habits and Hang Ups Part 3

Can you imagine a football game without an end zone or goalpost? What about a basketball game without a basket? It would be meaningless, pointless and frustrating without that end zone, goalpost or basket as a goal. Sounds weird yet many people today don't have goals for their relationships, parenting and leadership.

What's your goal to get through COVID-19...What's your goal in your relationships? What's your goal in parenting? What's your goal in leadership? Is it...distance or connections?

What are some hurts, habits and hang ups that's creating problems in our relationships, parenting and leadership?

1. Mad Max
2. Remember November
3. I Stay Mad Chad
4. Control Jo

### Control Jo,

#### a) **The problem:**

- 1) (Lie) **"It's my job to control you. If you don't let me control you, then I will punish you with my favorite tool called "Pain" to teach you a lesson.**
- 2) (Lie) **it is her job to make EVERY CHOICE** for their children, spouse, friends, coworkers, ministry and community and **to punish them when they don't comply with their orders.**
- 3) **(Lie) that she can control other people and other people can control you.**
- 4) Her goals and favorite tools are control, fear, distance and punishment and it's so natural that it seems normal.
- 5) **(Lie) Believes that God is afraid that we may screw up and wants to control us and uses punishment to maintain a distance with us.**
- 6) Expect others to read their minds.
- 7) Fiercely independent.
- 8) Out of the world organized.

#### b) **Think about it:**

- 1) Based on 2 Corinthians 3:17, do you believe the lie that God is afraid of us screwing up and wants to control us and uses punishment to teach us a lesson and maintain a distance with us? Please explain in one short sentence.
- 2) What does John 3:16-17 and John 8:1-11 say about the love of God? Please explain in one short sentence.
- 3) Do you believe the lie that you can control other people and other people can control you? Please explain in one short sentence.
- 4) On a scale of 1-10 with 10 being good and 1 being not to good, how good are you at controlling yourself when you:
  - Are angry and afraid
  - Want to punish yourself or someone
  - Want to blame someone

- 5) What's the worst thing that could happen if things don't change?
  - 6) What can you do to be the change?
- c) The hero or guide: Lokahi and Laulima
- d) The plan:
- 1) Ask others for help and understanding...listen you might learn something...
  - 2) Ask more than once...
  - 3) Be specific...
  - 4) Ask without insulting (Be caring, inspiring, empowering)
- a) The Call to Action: AIM FOR A NEW GOAL RATHER THAN BEING CONTROLLING.
- 1) I will always choose to manage and control myself. Because the only person I can control on a good day is myself (Galatians 6:1)!
  - 2) I am not afraid of my mistakes or yours so you don't have to be afraid anymore (John 8:1-11).
  - 3) I will always ask God to fill me with His Spirit to create a culture of freedom not control (2 Corinthians 3:17)

**Discussion Questions:**

1. Based on 2 Corinthians 3:17, do you believe the lie that God is afraid of us screwing up and wants to control us and uses punishment to teach us a lesson and maintain a distance with us? Please explain in one short sentence.
2. What does John 3:16-17 and John 8:1-11 say about the love of God? Please explain in one short sentence.
3. Do you believe the lie that you can control other people and other people can control you? Please explain in one short sentence.
4. What call to actions do I NEED to OBEY this week to reach my God given dream and overcome my hurts, habits and hang ups?

**Prophetic community:**

1. Take 60 seconds to ask God, what does He love about the people in your group
2. Take the remainder of the time to share what God loves about the people in your group
3. Have someone close in prayer